

» LIFENEWS «



LEADERS LETTER

Dear Church,

We're looking at the F-word again, forgiveness. Not because it's simple, and not because we've mastered it, but because it's one of the greatest spiritual obstacles in the life of a christian.

Unforgiveness builds walls between us and God, and between us and others. It quietly drains us of joy, peace, and spiritual vitality.

Recently I came across a reflection by Brandon Robinson (Substack 16/09/26) that struck deeply in my spirit, and I wanted to share it with you:

"Sometimes we hold onto unforgiveness because we desperately want control. We didn't have control over who hurt us or how they hurt us. So we cling to the thing we can control: the anger. Because anger can feel more empowering than heartbreak. So we hold tightly to it, trying to turn the wound into a weapon. We wield it like a sword, not realizing we're holding onto the blade."

The very thing we're using to hurt them is cutting us. Lay it down. Forgiveness is not making light of the life they took from you. It's making the most of the life you have left."

There is so much truth here. Anger can make us feel strong, but it is a strength that drains us. It promises protection, yet it quietly wounds the one who carries it. When we grip the blade of unforgiveness, we bleed spiritually, emotionally and in our relationships.

Forgiveness is not pretending the hurt didn't matter. It is not excusing what was done. It is choosing to stop letting the past steal the future God has for you. It is laying down the weapon so you can heal properly in Christ.

Church, if you're harbouring unforgiveness toward anyone, it's time to put the sword down. It's time to stop gripping the blade. It's time to start living again fully, freely, and with the peace Christ died to give us.

Every blessing
Pastor David

LIFE DIARY

Main Church Service

Sunday's

10:30AM - 12:00 PM

Epping Hall

Prayer meeting before
service 10:00 - 10:25AM

Weekly Bible Study

Wednesday's

7:00 - 8:30 PM

The Box

Encounter Night

Friday's

7:00 - 8:30 PM.

The Box

*Please speak to Linda
or Ross for details*

PRAYER POINTS



FORGIVENESS

- God soften my heart and remove bitterness.
- Give me the courage to release anger and choose peace instead.
- Heal me from deep emotional and spiritual wounds.
- Give me the grace to forgive others, just as God has forgiven me.
- Give me the wisdom to seek reconciliation, and restoration of relationships.

In Jesus Name. AMEN



OPERATION CHRISTMAS CHILD APPEAL

FILL A BOX WITH GIFTS FOR A CHILD IN NEED

OUR CHALLENGE: **100 SHOEBOXES**

LET'S WORK TOGETHER TO HIT 100!



TAKE PART

Can everyone take as many shoeboxes as they feel led to fill.



FILL WITH LOVE

Fill your box with gifts, essentials and a message of God's love.



ITEM OF THE WEEK

Suggestions will be given **once a week** on a Sunday service for the item of the week.

GET INVOLVED. SHARE HOPE. CHANGE LIVES.

 Samaritan's Purse® TOGETHER, WE CAN REACH 100 CHILDREN WITH LOVE THIS YEAR!
Operation Christmas Child is a project of Samaritan's Purse®



Life Church Epping
Real Faith for Real Life

Life Church Epping belongs to Elim Pentecostal family of churches.
Registered Charity No. 251549

Faith4Life

"To forgive is to set a prisoner free and discover that the prisoner was you."
Lewis B. Smedes

Tithes & Offerings

Give via QR Code



"For God loves a person who gives cheerfully."

FINANCES

Life Church Epping is entirely self-supporting. Consider giving by standing order. This greatly aids us in our budgeting and you can also Gift Aid it!

CHURCH LEADERSHIP TEAM

Senior Pastor: David Tarr - pastor@life.churchepping.org.uk

Elder/Church Treasurer: John McCredie

Elder: David Smith (Honorary)

Deacon: Linda Stringer

CONTACT US

E-mail: office@lifechurchepping.org.uk

website: www.lifechurchepping.org.uk

The Box Building, St. John's Road, Epping, CM16 5DN