

# LIFENEWS



Life Church Epping

Real Faith for Real Life

July 2025



*I am not saying this because I am in need, for I have learned to be content whatever the circumstances.*

*Phil 4:11*

Have you learned to be content yet? Paul learned to be content, but it didn't happen overnight, it was learnt and not just implanted in him when he first met Jesus. And the same with us contentment has to be learnt.

After years running an outreach operation feeding hundreds of homeless people every week in London, I noticed that the volunteers who last were those who had learnt to be content because they realised that they were serving the Lord. The ones who didn't last, did not have a sense of calling to the ministry and quickly gave it up. If any volunteered thinking they were going to receive any thanks from the homeless, they were wrong. They had to know whom they served and that was their reward.

Once we have had the revelation that we are 'working as unto the Lord' then we can find true contentment. But when we look to please man in whatever we are doing, we will not have lasting contentment.

Once we have this understanding we are able to serve others, no matter how bad things are in our own lives.

Paul was content in all circumstances when hungry, when poor, when in prison and when free. He had this peace because he understood the calling of God on his life and he knew he was doing the right thing.

Colossians 3:15 reads '*Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.*'

So dear friends, what is the secret to true contentment in our lives? It's in knowing that as we serve God we are walking in His will and honouring Him. Amen

Every Blessing,  
*Pastor David*

Life Church Epping

**SUMMER Party**

Saturday 02 August  
1:00 - 4:00pm  
Stonards Hill Park,  
Epping

Bring & Share

All Welcome!

**Sunday Church Service**  
Epping Hall  
@10.30 - 12:00

06 July  
13 July  
20 July  
27 July

**Bible Study**  
The Box  
@19:00 - 20:30

Wed. 02 July  
Wed. 09 July  
~~Wed. 16 July~~  
Wed. 23 July

**Prayer Meetings**  
Epping Hall

Every Sunday  
@10:00 - 10:25 am

**Hour of Prayer**

in The Box  
Thursday's  
@19:00 - 19:30

Thurs. 03 July  
Thurs. 17 July

**Limitless Youth**  
in The Box

@19:00 - 21:00

Fri. 04 July  
Fri. 18 July

**Encounter Nights**

in The Box  
19:00 - 20:30

Fri. 11 July  
Fri. 25 July



# PRAYER FOCUS

## Prayer for the Middle East

Dear God,

We cry out to you on behalf of the people seriously affected by the conflict in Gaza and the Middle East. Our hearts break at the devastation and suffering that we see, and we know it breaks yours, too.

We ask that you stretch out your mighty hand to bring lasting peace.


We cry out for people who have been injured or traumatised, who have lost loved ones or their homes. Please provide everything they need and be their comfort, their hope, their healer, and their safe refuge.

We pray for your peace to reign. We look to you as our Saviour and the hope of the world. **Amen.**

Source: <https://www.tearfund.org/stories/2023/10/how-to-pray-for-gaza-and-israel>

'God loves us too much to indulge our every whim.'

Max Lucado



### NOAH'S ARK: SCIENCE OR STORY?

*A Fresh Look at the Flood from a Biblical & Scientific Perspective*

**Wednesday 16th July 7.30pm**  
LIFE CHURCH, EPPING CM16 5JU

Bank Holiday  
22-24 August 2025

**everything unmissable**



## BIG CHURCH FESTIVAL

BIGCHURCHFESTIVAL.COM

TOGETHER WITH Compassion

It's not too late to book - speak to Pastor if you want to go!

### Thank you, Life Church!

We wanted to thank you for your continued prayers, donations and support. We will be going on mission in September, and we need your prayers! Please pray a covering over us as we travel throughout north and south India to undertake medical camps in deprived villages, which for most, will be the first-time receiving health care.

We have plans to purchase a new Osteoporosis machine which will increase the number of people we can help. We will also be hosting conferences to talk to men, women and children about God's Love and Salvation.

Our 2 learning centres in south India are having an amazing impact on the community where they are asking for more camps. As many of you have supported Alex and Ayesha's fundraising for a well, in memory of their twins.

We will also be researching the best area for this. The north of India has high levels of persecution but we are sure that God will reveal the best location in India and ensure all can see his love. We look forward to seeing you all in December.

Blessings,  
Transforming Lives Today



### MINISTRY LEADERS

**Children's Ministry:** Janti  
**Limitless Youth:** Alex & Ayesha  
**Ladies Ministry:** Lynette  
**Worship Ministry:** Lynette  
**Men's Ministry:** Pastor David

### CHURCH LEADERSHIP TEAM

**Senior Pastor:** David Tarr -  
[pastor@lifechurchepping.org.uk](mailto:pastor@lifechurchepping.org.uk)  
**Elder/Church Treasurer:** John McCredie  
**Elder:** David Smith  
**Deacon:** Linda Stringer  
**Deacon:** Janti Charalambous

  
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## Tithes & Offerings

Give via QR Code



"For God loves a person who gives cheerfully."