

LIFE NEWS



SUNDAY SERVICE

EPPING HALL
10:30-12:00

01 December
08 December
15 December
22 December

*Christmas Day - Online
9:00 - 10:00 am

BIBLE STUDY

THE BOX
7:00-8:30 PM

Wed 04 December
Wed 11 December
Wed 18 December

PRAYER MEETING

Online
7:00-7:30 PM

Thurs 05 December
Thurs 12 December
Thurs 19 December

LIMITLESS YOUTH

THE BOX

7:00-8:30 PM

Fri. 06 December

ENCOUNTER NIGHT

THE BOX

7:00-8:30 PM

Fri. 13 December

LEADERS LETTER:

From Pastor David Tarr

1 Timothy 4:7-10

6-10 You've been raised on the Message of the faith and have followed sound teaching. Now pass on this counsel to the followers of Jesus there, and you'll be a good servant of Jesus. Stay clear of silly stories that get dressed up as religion. Exercise daily in God—no spiritual flabbiness, please! Workouts in the gymnasium are useful, but a disciplined life in God is far more so, making you fit both today and forever. You can count on this. Take it to heart. This is why we've thrown ourselves into this venture so totally. We're banking on the living God, Saviour of all men and women, especially believers. The Message Bible

Dear Church,

To succeed in life, we need to discipline ourselves, we need to apply ourselves totally and consistently to whatever we are attempting.

In America the North-western University did a study on high achievers from different fields in life: swimming, chess players, sculptors, pianists, tennis players, mathematicians and they found these experts had spent on average between 10 -18 years to reach the peak of their career path.

Paul said to Timothy if you want to be Godly you need to train daily; in other words, you need discipline. If you want to be a disciple, you need to train. He says there is nothing wrong with going down the gym, but with the same enthusiasm we give to something that is temporary we need to apply it to the eternal.

Anyone who has done physical training will know that if you stop training, you will very quickly lose that edge, you will soon be back to square one. It takes a lot of effort to get there and even more effort to stay there.



Paul was talking to a young Timothy and he knew that there were many distractions that could come his way. Paul tells him that to succeed he will need to work at it, he will need to focus and the same with us! We can no longer just go to church when we feel like it, we can no longer just read the Bible when we have time, we need to make time, we can no longer just pray when we are in trouble, we need to live in prayer now.

If we take the foot of the spiritual accelerator we will soon be going nowhere. And that's not what Jesus wants for us. He wants us in top spiritual condition. The more we do something the more enjoyable it gets, the better we get at it, and the more we will enjoy it. We need to be training ourselves to be godly. There's no room to relax.

So let us take Paul's advice 'Exercise daily in God—no spiritual flabbiness, please!' so we gain what matters most - something of eternal value. AMEN!

May God richly bless you

David

You're INVITED

JOY TO THE WORLD
the LORD has Come!

CAROL SERVICE
SUNDAY 15TH DECEMBER
10:30AM - 12:30PM
EPPING HALL
2 ST JOHNS RD, EPPING
CM16 5DN

www.lifechurchepping.org.uk
Real Faith for Real Life



Christmas Prayer

*Lord, bless us,
this Christmas with
Peace that passes all
understanding,
Joy that is beyond
material possessions,
Love that knows no
boundaries, and
Strength that emanates
from faith in You.*

m.lovethepic.com

ELIM PENTECOSTAL CHURCH

We, the Elim Foursquare Gospel Alliance, affirm the sanctity and intrinsic value of all human life, created in the image of God. We stand with the majority of doctors in this country who do not want the legalisation of assisted suicide.

We strongly oppose any legislation which undermines the intrinsic value of people, threatens the protection of the vulnerable, or poses significant ethical and societal risks. Instead, with compassion for those for whom this legislation is trying to serve, we call for much greater investment in palliative care to ensure good professional care and dignified support is given for those at the end of life.

We believe life, even in disability or suffering, remains sacred and deserving of protection. Death should never be seen as a final medical solution.

Elim Pentecostal Church



Epping Hall will be closed between 23 Dec. 24 - 03 Jan. 2025
our next church service in the Hall is
Sunday 06th January 2025

LEADERSHIP TEAM

Senior Pastor: David Tarr
pastor@lifechurchepping.org.uk

Elder/Church Treasurer: John McCredie

Elder: David Smith

Deacon: Linda Stringer

Deacon: Janti Charalambous

Email: office@lifechurchepping.org.uk
Tel: 07591522105

FAITH 4 LIFE TIP

"All the Christmas presents in the world are worth nothing without the presence of Christ."

David Jeremiah

MINISTRY LEADERS

Children's Ministry: Janti

Limitless Youth: Alex & Ayesha

Ladies Ministry: Lynette

Worship Ministry: Lynette

Men's Ministry: Pastor David

Email: office@lifechurchepping.org.uk
Tel: 07591522105